

Low Level Laser Therapy to Reduce Chronic Pain

ClinicalTrials.gov Identifier: NCT00929773

The safety and scientific validity of this study is the responsibility of the study sponsor and investigators.

⚠ Listing a study does not mean it has been evaluated by the U.S. Federal Government. Read our [disclaimer](#) for details.

Recruitment Status ⓘ: Completed

First Posted ⓘ: June 29, 2009

Results First Posted ⓘ: May 2, 2014

Last Update Posted ⓘ: May 2, 2014

Sponsor:

Erchonia Corporation

Information provided by (Responsible Party):

Erchonia Corporation

[Study Details](#)

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[Study Results](#)

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[How to Read a Study Record](#)

Study Type:	Interventional
Study Design:	Allocation: Randomized; Intervention Model: Parallel Assignment; Masking: Triple (Participant, Investigator, Outcomes Assessor); Primary Purpose: Treatment
Condition:	Chronic Pain
Interventions:	Device: Erchonia PL2000 Laser Device: Placebo laser

▶ Participant Flow

[Hide Participant Flow](#)

Recruitment Details

Key information relevant to the recruitment process for the overall study, such as dates of the recruitment period and locations

Recruitment period was July through September, 2000 at a single medical clinic.

Pre-Assignment Details

Significant events and approaches for the overall study following participant enrollment, but prior to group assignment

Following enrollment and prior to group assignment, study participants underwent study qualification evaluation which included a self-report rating of current neck and/or shoulder pain level on the 0-100 VAS.

Reporting Groups

	Description
Erchonia PL2000 Laser	Low level laser energy comprised of 1 milliWatt (mW) of near-infrared light (635 nm) to the neck and shoulder area .
Placebo Laser	inactive light

Participant Flow: Overall Study

	Erchonia PL2000 Laser	Placebo Laser
STARTED	50	50
COMPLETED	50	50
NOT COMPLETED	0	0

▶ Baseline Characteristics

 [Hide Baseline Characteristics](#)

Population Description

Explanation of how the number of participants for analysis was determined. Includes whether analysis was per protocol, intention to treat, or another method. Also provides relevant details such as imputation technique, as appropriate.
No text entered.

Reporting Groups

	Description
Erchonia Low Level Laser Therapy	Low level laser energy comprised of 1 mw of near-infrared light (635 nm) to the neck and shoulder area .
Placebo Laser	inactive light
Total	Total of all reporting groups

Baseline Measures

	Erchonia Low Level Laser Therapy	Placebo Laser	Total
Overall Participants Analyzed [Units: Participants]	50	50	100
Age [Units: Participants]			
<=18 years	0	0	0
Between 18 and 65 years	50	50	100
>=65 years	0	0	0
Gender [Units: Participants]			
Female	25	25	50
Male	25	25	50

Location of Pain ^[1] [Units: Participants]			
Shoulders	10	14	24
Neck	13	14	27
Neck & Shoulders	27	22	49
^[1] Subject report of pain located in the neck, shoulder or both regions.			
Type of Pain [Units: Participants]			
Chronic	43	44	87
Acute	7	6	13
Pain Rating on the Visual Analog Scale (VAS) ^[1] [Units: Units on a scale] Mean (Standard Deviation)	51.14 (16.50)	49.06 (19.48)	50.10 (18.00)
^[1] The Visual Analog Scale (VAS) is used as a self-reported measure of current pain level. Participants mark the spot on the line scale that shows the level of their pain at that time. The scale ranges from '0: no pain at all' to '100: worst pain imaginable.' The scale is a straight line of 100mm. The point marked by the participant is measured as their current pain level. The higher the number, the greater the pain level. To qualify to be in the study, participants needed to record a Baseline pain level on the VAS of 30 or greater.			
Duration of Pain [Units: Months] Mean (Standard Deviation)	57.11 (121.40)	40.25 (71.13)	48.15 (97.64)

► Outcome Measures

[+ Show All Outcome Measures](#)

1. Primary: Number of Participants Whose Self-reported Degree of Pain on the Visual Analog Scale (VAS) in the Neck and Shoulder Area Decreased by 30% or More From Before to After Study Treatment. [Time Frame: baseline and one hour]

[+ Show Outcome Measure 1](#)

2. Primary: Change in Self-reported Degree of Pain in the Neck-shoulder Region on the 0-100 Visual Analog Scale (VAS) [Time Frame: baseline and one hour]

[+ Show Outcome Measure 2](#)

3. Secondary: Change in Range of Motion (ROM) for the Left Side of the Neck From Baseline to One Hour After Study Treatment. [Time Frame: baseline and one hour]

[+ Show Outcome Measure 3](#)

4. Secondary: Change in Range of Motion (ROM) for the Left Shoulder From Baseline to One Hour After Study Treatment. [Time Frame: one hour]

[+ Show Outcome Measure 4](#)

5. Secondary: Change in Range of Motion (ROM) for the Right Side of the Neck From Baseline to One Hour After Study Treatment. [Time Frame: baseline and one hour]

[+ Show Outcome Measure 5](#)

6. Secondary: Change in Range of Motion (ROM) for the Right Shoulder From Baseline to One Hour After Study Treatment. [Time Frame: baseline and one hour]

 [Show Outcome Measure 6](#)

▶ Serious Adverse Events

 [Show Serious Adverse Events](#)

▶ Other Adverse Events

 [Show Other Adverse Events](#)

▶ Limitations and Caveats

 [Hide Limitations and Caveats](#)

Limitations of the study, such as early termination leading to small numbers of participants analyzed and technical problems with measurement leading to unreliable or uninterpretable data

No text entered.

▶ More Information

 [Hide More Information](#)

Certain Agreements:

Principal Investigators are **NOT** employed by the organization sponsoring the study.

There is **NOT** an agreement between Principal Investigators and the Sponsor (or its agents) that restricts the PI's rights to discuss or publish trial results after the trial is completed.

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